Visitors, please do your part to preserve our trails:

- Stay on the trail
- Do not remove plants or animals
- Take only photos; leave only footprints
- Leave pets at home
- Use waste bins for litter

Trail Map

Our quarter-mile, universally-accessible nature trail makes it possible for people of all abilities to enjoy our rich, diverse preserve. Starting at the Overbrook Nature Center, travel on the boardwalk as it crosses the Poorhouse Brook. Stop on the observation platforms to enjoy the sights and sounds of the woods. This trail was made possible through a generous gift by the Wheels in the Woods Foundation and with the help of the Aquarion Water Company.